

Working Memory: The Weak Link in ADD/ADHD and Learning Problems and How to Improve It



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award-winning book *The Zen of
Listening: Mindful Communication in
the Age of Distraction*

When:

Where:

Who should attend: Parents of children with
AD/HD and/or learning difficulties

Attendees will learn:

- What is Working Memory
- Its pivotal role in school and career success
- Factors that can affect Working Memory
- Current Research on Working Memory
- Cogmed Working Memory Training and brain training for all ages
- Five ways for making your Working Memory work best.

Call or email Rebecca to set up a presentation for your group at
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