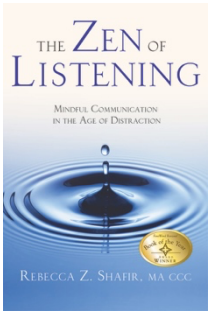
MINDFUL COMMUNICATION

CORE COACHING

Drive down costs & conflict, drive up profits
& productivity with

THE ZEN OF LISTENING HOUR



Set up an inquiry call, 781.864.0180
or email Rebecca
at Rebecca@MindfulCommunication.com

Buy the book
The Zen of Listening

"The Zen of Listening Hour" a 60-minute live webinar on Zoom presented by author and communication coach ***Rebecca Shafir***. It is based on the award-winning book, now audiobook, *The Zen of Listening: Mindful Communication in the Age of Distraction.* This webinar is customized to your company's specific listening challenges.

Mindful Listening is a practical and easy to apply method for connecting with people and information; it has shown to be far more effective and authentic than the "act-like-you're-listening" or "active listening" method taught in most business classes.

DID YOU KNOW THAT POOR LISTENING:

- is responsible for 60% of all management problems?
- is why 70% of small to mid-size businesses lose money?
- results in 17.5 HPW spent clarifying communication = $500,000 each year for a business with 100 employees?

(Sources: SIS International Research & SHRM Society for Human Resource Management)

Learn more and see what The ZOL Hour Alums Report!

YOUR TEAM MEMBERS WILL:

- receive a personalized and confidential baseline assessment of their listening skill.
- learn how mindful listening can improve efficiency, reduce conflict and foster trust
- learn practical listening strategies for immediate results at work and at home
- have access to Rebecca for private consultation after the webinar